

BREAKFAST

BREAKFAST BASKET I

ASSORTED FRESHLY HOME BAKED SCONES

BREAKFAST BASKET II

ASSORTED CROISSANTS PAIN AU CHOCOLAT AND ORGANIC BREAKFAST MUFFINS

WAKE UP BARS

Fresh Home-Made Organic Granola bars
Oat Mill, Cinnamon, Coconut, Mango, Rasin,
Crispy Almond and Sunflower Seeds

MERRY BERRY

Freshly Sliced Berries with Organic Maple or Honey Yogurt

FRESH CUT FRUITS

SERVED WITH COCONUT OR VANILLA YOGURT DIP

AM.WICHES

PARIS

Smoked Turkey and Swiss on Butter Croissant

SYDNEY

Home-Made Basil Pesto, Tomato and Avocado on Sea Salt Focaccia

ROME

EGG SALAD WITH GREEN ONION IN FRESH BAGUETTE

LITE OPTION: IDEAL FOR UP TO 10 PEOPLE PRICE: \$110
GENEROUS OPTION: IDEAL FOR UP TO 20 PEOPLE PRICE: \$180

Fruits: Small 5-7, Medium 10-15, Large 20-25 Price: \$60, \$70, \$100



SANDWICHES

REFRESH

Avocado, Hummus, Fresh Tomato

VÉGÉGRILL

Grilled Vegetable, Crisp Greens, Olive Oil and Crumbled Feta Cheese

TUNA

WITH CAPERS, FRESH PARSLEY AND LEMON MAYO

EGG SALAD

WITH FRESH SPRING ONION

GRILLED CHICKEN BREAST

WITH GOAT CHEESE, HOME-MADE SUN-DRIED TOMATO PESTO

CHICKEN CLUB

WITH CELERY HEARTS AND HOME-MADE LEMON MAYO

ROASTED TURKEY

WITH BRIE CHEESE AND SLICED FRESH PEAR

BLACK FOREST HAM

WITH HAVARTI AND SLICED FRESH APPLE

MONTREAL SMOKED BEEF

WITH PICKLES AND MUSTARD

*SERVED ON CHOICE OF WRAPS, BUNS, BAGUETTE, FOCACCIA AND PANINI

LITE OPTION: IDEAL FOR UP TO 10 PEOPLE PRICE: \$180
GENEROUS OPTION: IDEAL FOR UP TO 20 PEOPLE PRICE: \$300



SALADS

SPIN

BABY SPINACH, AVOCADO, CHERRY TOMATOES,
ROASTED HAZELNUTS, BLACKBERRY, CHICKPEA CROUTONS
IN AGED BALSAMIC VINAIGRETTE

SIGNATURE QUINOA

ORGANIC ARUGULA, CUCUMBER, TOMATOES, FRESH MANGO, SWEET PEPPERS, BLACK BEAN IN FRENCH LEMON DRESSING

PEAR & CHEVRE

ORGANIC GREENS, FRESH SLICES OF PEAR,
HOUSE ONION PICKLES, CANDIED WALNUTS,
TOSSED PUMPKIN SEEDS, CHERRY TOMATOES
IN BALSAMIC VINAIGRETTE

SUPER KALE

KALE, BRUSSEL SPROUTS, BROCCOLI, BLUEBERRIES, GRAPES, ALMOND, AVOCADO IN LEMON POPPY SEED DRESSING

GREEK PASTA SALAD

Organic Penne pasta (gluten free available), cucumber, red onion, kalamata olives, tomato, feta cheese tossed in basil pesto dressing

CAPRESE

FIELD TOMATOES, BOCCONCINI, FRESH BASIL TOSSED IN WHITE WINE VINAIGRETTE

LITE OPTION: IDEAL FOR UP TO 10 PEOPLE
GENEROUS OPTION: IDEAL FOR UP TO 20 PEOPLE

ADD SALMON OR CHICKEN

PRICE: \$100 PRICE: \$180

Additional \$6 per person



SNACKS

FRESH VEGGIE CRUDITÉS

Fresh Raw Vegetables with Home-Made Dip (Hummus or Grilled Eggplant Dip)

PROTEIN BARS

Date, Peanut Butter, Sesame, Pecan

FRESH CUT FRUITS

SERVED WITH COCONUT YOGURT DIP

ÉCLAT

GRAZE WITH DRIED FRUITS

DÉLICE

GRAZE WITH COLD CUT PLATTER

LITE OPTION: IDEAL FOR 5 TO 7 PEOPLE PRICE: \$100
GENEROUS OPTION: IDEAL FOR 20 TO 25 PEOPLE PRICE: \$180

BEVERAGES

COFFEE CARAFE

WITH CINNAMON OR PLAIN

SOFT DRINKS

BOTTLED WATER

CARBONATED WATER

COKE / DIET

GINGER ALE

PRICE: \$40

PRICE: \$1.5 PER DRINK